

Programme of the 2019 European B Seminar - Poland

Friday 12 July			Saturday 13 July	
09:00	Opening Ceremony	Participants: 141 Mudan: 52 Shodan: 19 Nidan: 38 Sandan: 32 Supervision: Chief Instructor Nakatsuka (Instructors) Shajo 1: Nakatsuka Shajo 2: Sawada	08:45	Preparation of the hall
	① Hairei (Mr. Mazurek Michal, President of PSK)			
	② Sponsor's Greetings (Mr. Nakatsuka, Chief Instructor)		09:00	Assembly, Hairei, Chief Instructor's Remarks
	③ Host Greetings (Mr. Mazurek Michal, President of PSK)			Recitation of Raiki-Shagi and Shahō-Kun Leader : № 71
	④ Introduction of Instructors			Special Embu: Hitotsu-Mato Sharei by instructors, Sawada, Ogura, Nakatsuka
				Special Embu: Shooting Procedure in Shinsa (for a Tachi of 5 Archers)
			Performed in each Shajo by selected participants (wearing Kyudogi)	
09:20	Recitation of Raiki-Shagi and Shahō-Kun Leader : № 113		※ Critique in each Shajo after the demonstration	
	Yawatashi Ite: Chief Instructor Nakatsuka	09:30	Shooting Instruction (Zasha)	
	Kaizoe: Pindur Kentaro Andrzej, Mazurek Michal		3 Shajo x 2 Mato (used for instruction)	
10:00	Hitote-Gyōsha : following the Shooting Procedure in Shinsa (for a Tachi of 5 Archers)		※ Attention should be paid to the instructor's corrections given to others.	
	3 Shajo x 5 Mato	10:45	Break (15 min.)	
	Shajo 1 (Nakatsuka): Nidan, Sandan №95~№141 (47 p.), critique at the end	11:00	Lecture: The Correct Interpretation of Taihai and Shagi (shooting skill)	
	Shajo 2 (Sawada): Mudan, Shodan, Nidan №48~№94 (47 p.), critique at the end			
	Shajo 3 (Ogura): Mudan № 1~№47 (47 p.), critique at the end			
		12:00	Lunch Break (90 min.)	
12:00	Lunch Break (90 min.)	13:30	Shooting instruction (Zasha) resumes	
13:30	Kihontai including Entry/Exit, Yatsugae-Dōsa (same Shajo as in the morning)			
	※ Shahō-Shagi no Kihon (explanation of the ANKF Teaching Policy)	14:30	Break (15 min.)	
15:00	Break (30 min.)	14:45	Shooting instruction (Zasha) resumes	
15:30	Shooting Instruction (Zasha)			
	3 Shajo x 2 Mato (used for instruction)	15:45	Break (15 min.)	
	※ Attention should be paid to the instructor's corrections given to others.	16:00	Shooting instruction (Zasha) resumes	
17:00	Assembly, Chief Instructor's Remarks, Hairei, Dismissal	17:00	Assembly, Chief Instructor's Remarks, Hairei, Dismissal	
	Cleaning of the hall		Cleaning of the hall	

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Sunday 14 July		Monday 15 July	
08:45	Preparation of the hall	Shinsa schedule	
09:00	Assembly, Hairei, Chief Instructor's Remarks	※ Number of Applicants: 135	
	Recitation of Raiki-Shagi and Shahō-Kun Leader : № 13	Yawatashi Ite: Ogura Hanshi Kaizoe: Nakatsuka Hanshi, Sawada Hanshi	
	Special Embu: Mochi-Mato Sharei by instructors		
	Special Embu: Shooting Procedure in Shinsa (for a Tachi of 5 Archers)	[Shodan Shooting Shinsa]	
	Performed in each Shajo by selected participants (wearing Kyudogi)	6 Tachi 9:40 - 10:40	
	Comments at the end. ※ Study of the Shinsa Procedure through Mitori-Geiko		< 10 min break
09:45	Hitote-Gyōsha : following the Shooting Procedure in Shinsa (for a Tachi of 5 Archers)	5 Tachi 10:50 - 11:40	
	3 Shajo x 5 Mato (performed in the same Shajo as the first day)		< 10 min break
	※ Shooting will be interrupted because of corrections by the instructor.	[Nidan Shooting Shinsa]	
12:00	Lunch Break (90 min.)	4 Tachi 11:50 - 12:30	
			< 40 min lunch break
13:30	Hitote-Gyōsha resumes	[Sandan Shooting Shinsa]	
	3 Shajo x 5 Mato (same Shajo as in the morning)	7 Tachi 13:10 - 14:20	
			< 10 min break
	Comments regarding Hitote-Gyōsha (in each Shajo)	[Yondan Shooting Shinsa]	
		7 Tachi 14:30 - 15:40	
15:30	Closing Ceremony	[Announcement of the results]	
	① Certificate Presentation from Chief Instructor Nakatsuka		
	② Chief Instructor's Remarks (Mr. Shoichiro Nakatsuka)		16:00
	③ Host Greetings (Mr. Mazurek Michal, President of PSK)		
	④ Hairei (Mr. Mazurek Michal, President of PSK)		
16:00	Dismissal		